

*November 2017*

# *KC Quote*



Oktoberfest, see page 8.

## *Mount Vernon Council #5998*

**Council Meetings - First and Third Thursday of the Month  
8592 Richmond Highway - Alexandria, VA 22309  
Telephone: 703-360-1964**

## Council Directory

**Chaplain**

Rev Thomas Ferguson 703-780-4055

**Grand Knight**SK Robert K. Reynolds 703-623-0379  
grandknight@kofc5998.org**Deputy Grand Knight**SK PGK Leo McCormick 202-213-1789  
deputyGK@kofc5998.org**Chancellor**

SK Joe Graf 703-473-0372

**Financial Secretary**SK FDD PFN PGK Paul Townsend  
703-619-9796**Recorder**

SK PGK Kevin Moran 571-257-9689

**Warden**

SK Maurice Chau 703-765-2101

**Treasurer**

Carlos Hangarter 951-323-3605

**Lecturer****Paul Sonosky** 703-780-8515**Advocate**

SK Richard Hayden 703-799-2646

**Outside Guard**

Steve Higgins 703-360-8376

**Inside Guard**

Daniel Walsh 703-768-2403

**Trustees**

3 Year SK PGK John J. Daly 703-360-5812

2 Year SK FDD PFN PGK Jim McCracken  
703-960-4546

1 Year SK PGK Mike Murphy 703-751-5452

**Insurance Field Agent**

Peter Lockard 540-548-3874

**1st Degree Team Captain**

Lawrence Miller 703-626-0379

**Snack Bar Manager**

SK PGK Robert T. Reynolds 703-439-7490

**Program Director**

SK DGK Leo McCormick 202-213-1789

**Church Director**

SK PFN PGK Steve Smith 703-627-8399

**Good Shepherd Roundtable**

Steve Higgins/Tom Gibbons 703-360-8376

**St. Louis Roundtable**

Andy Andersen/Daniel Walsh 301-919-1277

**Community Director**

SK Dan Rinzel 703-360-4627

**Council Director**

SK Joe Graf 703-473-0372

**Family**

SK PFN PGK Thomas Fahey 571-233-9048

**Youth Director**

Tim Kelly 703-310-4282

**PRO-LIFE**

SK Richard Hayden 703-799-2646

**KOVAR**

Lawrence Miller and Mike Sprung 703-623-0379

**KCIC**

SK Joe Graf 703-473-0372

**Vocations**

SK Joe Graf 703-473-0372

**Publication & Public Relations****KC Quote -**

SK Maurice Chau 703-220-6185

SK PFN PGK Jim Reilly, SK Carl Eifert,

SK PFN PGK Herbert Ray Duff, Renee Duff

Quote@kofc5998.org

**Webmaster -**

SK Robert K. Reynolds 703-623-0379

**Bar**

SK PGK Robert T. Reynolds 703-439-7490

**Soccer -**

Tim Kelly 703-310-4282

**Bowling**

Tim McCauley 703-922-7149

**Membership Director**

SK PGK Robert T. Reynolds 703-439-7490

**1st to 3rd Committee**

SK Robert T Reynolds 703-799-7260

**Memorials Director****Vacant****Retention Director**

DGK Leo McCormick 202-213-1789

MOUNT VERNON COUNCIL #5998

KNIGHTS  
OF COLUMBUS

**The KC Quote is the Mount Vernon Council #5998, Knights of Columbus newsletter published 12 times a year for members, their families, and their friends.**

# Mount Vernon Columbus Club, Inc.

## Officers & Directors

### CHAIRMAN OF THE BOARD

GK SK Robert K. Reynolds 703-623-0379

### PRESIDENT

SK John Dougherty 703-971-8033

### VICE PRESIDENT

SK Joe Graf 703-473-0372

### SECRETARY

SK Marvin Spychaj 703-780-3498

### TREASURER

SK FDD PFN PGK Jim McCracken  
703-960-4546

### ASST TREASURER

Tim Kelly 703-310-4282

### DIRECTORS

SK Dr. Robert Botto 703-347-9669

SK Daniel Klug 703-780-2053

SK Robert T. Reynolds 703-799-7260

SK Steven Smith 703 627-8399

## Committee Chairmen

### AUDIT

### BINGO

SK Larry Dietrick 703-799-4193

### BUDGET & FINANCE

SK Robert Botto 703-347-9669

### BY LAWS

### CHARITY

### CONSTRUCTION

### CREDENTIALS

### FACILITY MGMT & OPERATIONS

Tim Kelly 703-310-4282

### LONG RANGE PLANNING

SK Joe Graf 703-473-0372

### NOMINATIONS

SK PFN PGK Herbert Ray Duff 703-780-1822

### SPECIAL EVENTS

### FACILITIES/BUSINESS ADMINISTRATOR

Eve Dellett

Phone: 703-360-1964 Ext 1

FAX: 703-360-2457

### HOSPITALITY MANAGER/ SPECIAL EVENTS COORDINATOR Tanti McCormick



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Remember to exercise your citizenship—and vote on November 7th

Memorial Mass will be on November 16st, Thursday at 6:30pm (arrive by 6:15pm)





## Grand Knight's Message



***SK Robert K. Reynolds***

Brothers,

November is a month for remembering. The weather and the leaves are starting to turn, which means autumn is in full swing. With the arrival of colder weather, we remember the sunny summer days we enjoyed only a few weeks ago, when it seemed like they would never end. It also has a way of triggering memories of family and friends as we come together to celebrate Thanksgiving and focus our attention on what is important in our lives.

Our principal activities as a Council this month focus on remembering others. We remember our departed brothers in our Annual Memorial Mass. Many Knights from our Council have gone before us, dedicating their collective time and energies to create the Council we enjoy today. Remembering them helps keep them alive in our hearts and maintains their spirit in the Council. The Memorial Mass this year will take place at the Council Hall on Thursday, November 16 at 6:30PM (***please plan to arrive by 6:15PM***), with dinner provided by the Council to follow. This is an important event, and I encourage all Knights, Ladies, and Friends in the Council to attend.

We also remember those who are less fortunate than ourselves with our Annual Thanksgiving meal preparation and distribution. As a Council, we provide a nice Thanksgiving Dinner with all the trimmings to many people who would otherwise not get to enjoy such a luxury. This takes place the morning of Thanksgiving, on November 23. We need a lot of hands that morning to help with preparing meals, driving, and making deliveries. There will be more information about this event (*elsewhere in this KC Quote*) but, please, set some time aside on this special day to help.

Finally, we help our Parishes remember the reason for the upcoming Christmas season with our Keep Christ In Christmas (KCIC) card drive. We provide, for free, Christmas cards that depict the Holy Family and promote the inherently Christian nature of the Christmas season. Monies we collect from those who wish to donate for the cards goes to fund our support for Vocations. If you're already going to Mass on Sunday (That should be all of you!), consider helping out for 10-15 minutes to help your fellow parishioners spread real Christmas spirit this year.

Fraternally,

Rob

## Mount Vernon Columbus Club, Inc.

From the Board Room!

November 1, 2017

Building Appearance - Clear the Air. The Corporation Maintenance and Operations Committee has completed construction of a new storage room for storage of seasonal items that were stored in the shed. The next phase of this project will be to insulate and install an air conditioner (for summer months) in the shed. Why? In a previous article I addressed the issue of "Hall Appearance". The new storage room and shed upgrades will provide additional space for the Council - Bread for Our Brothers (B4OB) to store and sort donated items (mostly bread) prior to distribution. This effort is in conjunction with the Saint Lucy Project facilities upgrade of a warehouse in Manassas – last estimated timeframe was February 2018 for the latter. Hopefully both of these efforts will serve to minimize use of the Hall for B4OB storage and, as a result, improve the appearance of same - inside and out! We are overdue a follow up meeting with the Saint Lucy Program Director to share progress at the hall and at the warehouse. I hope to give you a meeting update next month.

Members needed to fill leadership positions. What? Now? Yes – it is not too early for members to consider volunteering time, energy, and ideas to assist in the operation of the corporation and, while on this roll, the counsel. While my main focus is to encourage you to consider filling a Corporation Director slot, it will not be long before nominating committees begin assembling nominee names for both entities. SO I extend an invitation to any member interested to attend a Corporation Board meeting, or several, in the coming months. The board meets on the second Monday of each month at 7 PM. You could also speak with any director (roster in *The Quote*) about volunteering. Believe it or not, the task of assembling a list of nominees can be a challenge, for the Corporation Committee and for the Council Committee. So consider now if you are interested and learn more about what is involved early so that when the phone call comes – you can say, "sure I would like to serve!" The corporation committees include Maintenance and Operations, Budget, Long Range Planning, and By Laws to name a few.

Bingo. We continue to experience satisfactory attendance at the Friday bingo sessions. It seems like we are on a roll and ever trending upwards in terms of patrons and revenue. But our volunteer numbers are flat if not in a slight decline. Current and FUTURE volunteers – THANK YOU! The operation needs some new blood behind the counter to distribute paper – a two to three hour stint, and another cashier or two – a four to seven hour stint. Anyone interested (floor worker experience a must) should speak with Larry, Tim, or myself. As a reminder, the bingo operation netted \$150,000 in charitable donations last year (and the year prior) and for the volunteer designated 50% share that equaled \$11 dollars for each volunteer hour!! A final note: unlike the "member" requirement for leadership positions, family members over the age of 18 are welcome to come and earn some charity bucks as a Bingo or Snack Bar VOLUNTEER!!

Blessings!  
John Dougherty  
President, MVCCI, Inc.



***FROM OUR WORTHY  
DISTRICT DEPUTY***

**DD DAVID LEWIS, District 13**

There are just so many hours in a week and I am continually in awe of the number of those hours that all of you spend in charitable activities. Every hour spent is an hour away from our families, jobs, or other pursuits. Those of us that can share these times with a family member (s) is even more beneficial to everyone; you, your family and for those that we serve. It also shows everyone how we live up to our principles of charity, unity, and fraternity. We continually demonstrate that, "charity does not consist alone in gifts of money". The common denominator is what Pope Francis has referred to as, "Fraternal Communion." May God bless us all for all that we do.

Today, as never before, we are being asked to offer help and contribute to more people and causes than ever before. Between the Middle East refugees, the hurricanes in Texas and Florida, and especially Puerto Rico, our national charity wallet is more than merely depleted. Each of us has been asked to contribute to all of these causes and more. I am reasonably sure that many of our individual charity wallets are also thin to empty. Still, as we all know, "Where there is plenty, charity is a duty, not a courtesy."

Not giving to these national charities does not mean that we are heartless or selfish. Our charity is still very much in evidence, but it is based on our personal priorities. Where do we feel that our giving will do the most good? Is it in a national program or is it more beneficial to give to more local causes, such as Christ House or the Little Sisters of the Poor or the Poor Claires? What about programs like KOVAR or Virginia Knights of Columbus Charities, Inc. (VKCCI)? Each of us must decide where we think our dollars and efforts will do the most good. It is easier to give to a cause where we can see the results, but it does not mean that we cannot offer our prayers for all those in need.

Vivat Jesus,

Dave Lewis, District Deputy #13  
GO CUBS!



## Oktoberfest

The Council Lounge and the Council Room looked great for this occasion. The food was superb and it was served by the McCormick family. What a treat! We started off with a baked pretzel as the appetizer and then went to the main meal of sausage, noodles, sour kraut, and German potato salad. Then we topped it off with German Chocolate cake. What more could you ask.



Here is SK 2PGK Michael Murphy greeting all with drinks,



Left to right: Stacia and Chris Warner



Left to right: SK Matthew and SK Randy Schlosser



SK PGK PFN Jim and Janice Reilly



# Honor Flight October 21

The Honor Flight Network paid tribute to America's heroes who served in the military during World War II, and the Korean War followed by veterans of more current wars. I attended this Honor Flight at National Airport. The day started at the Knight's Hall Lounge where I met SK PGK PFN Ray Duff, he greeted me with coffee, orange juice, and donuts—thank you Ray for being there. Then I was off to the airport. The emotions ran high as I met service members (Army, Navy, Marine Corps.) from Southern Indiana who had served during World War II, Korea, and Vietnam. The service members ranged in age from 76 to 96 years old. Those who were greeting formed a receiving line, shook their hand, and thanked them for their service to our Nation. It was a good event and I encourage all to participate in this worthwhile event and honor. Many of those we honored reminded me of my father-in-law, humble and respectful.

Looking out from the gate to the runway, we see the fire truck with the water as the flight approaches the gate as a sign of honor.



## **5998 Council Youth Programs November 2017 Report**

The youth team accomplished Regional level soccer challenge event on October 14th at St Theresa, Ashburn, VA. Congratulations to Saint Louis student Landon Koch (10 years old) and Good Shepard youth Jorge Lopez (12 years. old), who moved onto State level competitions!

The Youth team supported the very popular Dodgeball tourney hosted at St. Louis gym on Columbus Day weekend. Over two hundred youth participated and the fellowship was tremendous! Knights assisted with registrations and refereeing games, thanks to Brian Nienaber and Bill Buffalo for donating their time to this great cause. The Council received accolades from Tournament Director Kate Finamore, and youth ministers Miguel Del Angel and Tiffany Lambert.

Unfortunately the Council received no 2017 KofC national Essay submissions, despite attractive monetary awards and dedicated advertising. The Youth team is looking for fresh ideas for future intellectual contests, and how to best increase parish youth participation.

Our next event is Parish Altar Server recognition "sports day" Sunday, November 12th from 2:00-5:00pm. The Council is in need of volunteers to oversee: small side soccer, football and Frisbee toss, Cornhole, and horseshoe competitions, and pizza distribution. Brian Nienaber is managing this event and has Evite out to altar servers. Father Baez has accepted invitation to participate, and will facilitate language barriers with Latino attendee's! Please solicit all altar servers to evite: <http://evite.me/pdj5SjjQr1> and inform on your availability to assist.

**Please inform if you have additional youth program suggestions. "Listening to" and "Learning from" our parish youth broadens our perspective, and truly impacts community growth!**

Our 2nd annual Altar Server Recognition event. This year should be increased fun for the servers who volunteer their time to serve God!

Event Lead - Mr Brian Nienaber  
Date / Time - 12 Nov / 2:00-5:00pm Council Hall

Planned events:  
Setup Team 1:00pm  
Welcome and Event Start 2:00pm  
Blessing and Pizza and Salad meal start 3:45pm  
Recognition Certificates 4:40pm  
Closing and Depart 5:00pm

Sporting games:

1. Soccer Five - A - Side (Orly Verdesoto) Four goals, two balls, officiating ten minute games. Determine GS or SL team winner.
2. Football Throw (John Daly) Five throws through a tire from thirty feet. Determine best thrower.
3. Cornhole Throw - Off (Carlos Hangarter) Keep track of GS or SL winner.
4. Whiffle Golf Accuracy (Joe Graf) - hit whiffle golf balls into circular target areas. Determine best golfer.
5. Two - person horseshoes (TBD) - games to 11. Determine best team.
6. Frisbee Toss - (TBD) - Long Toss to Cones. Five attempts. Determine most accurate thrower

Food Arrangements : POC Tom Fahey  
Event Pictures: Maurice Chau



## **For the Month of** **November**



### **KNIGHT OF THE MONTH**

#### **Knight of the Month of November—SK Dan Klug**

I have chosen SK Dan Klug as this month's Knight of the Month. Dan is one of our most active and involved Knights. Dan is serving as the Council Committee Chairman to orchestrate fellowship events for our Council this year, but his impact is felt across the board in Council activities. Dan works Bingo on Fridays, serves as one of the Council Bar Managers, assists with the Mount Vernon Columbus Club special events that use the Council Hall, and works actively with Mark Busse to maintain the building we call home. This past month, Dan spearheaded the creation of a new storage closet as a way to consolidate the decorations we store at the Hall, and lead an amazing Oktoberfest and Tunnel of Terror at the Children's Halloween Party. Dan is the man!

### **FAMILY OF THE MONTH**

#### **Family of the Month of November—SK PGK Leo and Tanti McCormick**

I have chosen SK Leo and Tanti McCormick, and their family, as this month's Family of the Month. Leo serves as our Deputy Grand Knight this year, and Tanti works with Eve in the Hall Office and with the Ladies group, which are themselves impressive contributions to the operations of the Council, but they also are involved in the behind the scenes work at almost all of our events. **They, along with their "staff" of children really make some of our events go, and they** always have smiles on their faces. Next time you see them, be sure to thank them for all they have done, and all they continue to do for the Council.



## **Upcoming Exemplifications**



**First Degree exemplifications**  
**Admission Ceremonials**  
**November 2, 2017**  
**March 1, 2018; May 3, 2018**

**Second Degree Exemplification**  
**Formation Ceremonial**  
**December 12, 2017**  
**February 20, 2018; April 17, 2018**

**Third Degree Exemplification**  
**None planned**

**Fourth Degree Exemplification**  
**November 11, 2017**  
**Portsmouth, Virginia**

Memorial Mass

November 16, Thursday

6:30pm mass (please arrive by 6:15pm)

Dinner will be provided



**NOVEMBER BIRTHDAYS**

<b><u>NAME</u></b>	<b><u>DATE</u></b>	<b><u>NAME</u></b>	<b><u>DATE</u></b>
Robert J. Williams	3	John E. Thibeau	16
Frank R. Begovich	4	Thomas P. Conway	18
John K. Hamenoo	4	Max E. Gagermeier	20
John A. Kay	4	Frank B. Carey Jr.	21
Stephen R. Melvin	4	Robert C. Flick	21
Martin C. Ocran	4	Robert H. Schwenk	21
Brian K. Green	5	Jose D. Cruz	22
Frank H. Fannon	7	Rev. Patrick T. McMahon	23
Jeffrey A. Mathias	7	David E. Winkler	23
Paul P. Mehler	7	Andrew J. Kiddey	24
James L. Reilly	9	Nicolas A. Briers	25
Philip P. Cooper	10	Paul D. Cucinotta	25
Joseph A. Bavaria	11	Joseph P. Rubel	25
George T. Myers	11	Kim V. Thompson	26
Tofie M. Owen Jr.	11	John B. Stinson	28
Kyle T. Hayden	12	Michael N. Zabych	28
Richard F. Fanelli	14	Steven K. Ault	29
Richard L. Taylor	14	Lincoln S. Farish	29
James J. Mlinarcik Jr.	15	Thomas Gibbons	29
Donald M. Rogan	15	Tevi Ekoue	30
Jerome L. Knittle	16		





## Prayer List



**The following Brothers, relatives and close friends are in need of your prayers. Please pray for them and the other personal intentions of our Brother Knights.**

SK Donald Rogan  
SK Vic Perez  
Brother-in-law of SK Pablo Ruiz-Rodriguez  
SK Jay Landreth and his continued recovery  
SK Robert Kopasz  
SK Dick Bowman and Lois Bowman  
In thanksgiving for the improved health of SK PGK Tom Fahey  
Nelly Verdosoto, mother of Brother Orly Verdosoto  
SK Bob Botto  
Dave Lane  
Jim Krebs  
Harriet and SK Christopher Moore  
Magda Holmes, wife of SK David Holmes  
SK Don Logeais  
SK Bud Powers  
Robert Vermont, father of Dave Vermont, who is the son-in-law of SK Bud Powers  
Cheryl Spychaj, wife of SK Marvin Spychaj, and her daughters Kristin and Jennifer Masitis  
Jim Winkler  
Richard Hammendel  
Brother Bishop Gassis  
Ron Barchkhoff  
Eleanor Dywer  
Edward Michals, and his wife, father of SK John Michals.  
Brother Knight's niece with colon cancer  
SK Paul Mehler  
Patty Shanahan of GSCC and friend of Paul Sonosky  
Donald Rogan Jr., son of SK Donald Rogan  
Bob Schwenk's niece, and her daughter Ariel  
Father Ettner  
Father Stanley Krempa, Pastor of Sacred Heart of Jesus in Winchester, Virginia  
Maria Malicki  
Gretchen Reilly, daughter of James Reilly  
Padama Reilly (7 yrs old) receiving chemo therapy for tumor on her optic nerve granddaughter of Jim Reilly  
Tofi Owen  
Tony Skism, Pls add my mother, Joan Murphy, to the prayer list.  
Joan Murphy, SK 2PGK Michael Murphy's mother  
Johanna Dietrick, SK Larry Dietrick's mother  
Prayers for Amy Snyder, Larry Dietrick's niece  
Repose of the soul of Everett Doerrer and prayers for Brother Paul Doerrer and Family  
Repose of the soul of Cheryl Powers Vermont, daughter of SK Bud Powers  
Repose of the soul of Lisa Peterson, wife of Robert Peterson  
Prayers for the Koslow Family and for the repose of the soul of Stephanie Koslow  
Prayers for the Butler Family and for the repose of the soul of Peter Butler  
Prayers for the Graf Family and for the repose of the soul of SK George Graf

To be placed on or taken off of the Prayer List, please contact the editor of the *KC Quote*,

**SK Maurice Chau at [Quote@kofc5998.org](mailto:Quote@kofc5998.org). Thank you.**

***Just thinking . .***

## **Gluten Is No Joke**

“Gluten free” appears on so many labels that the term sometimes becomes a punchline; yet consuming more than a trace of gluten can harm some people who are otherwise well.

To Catholics with celiac disease wishing to receive Holy Communion, gluten is not a laughing matter.

Across the world something like 1 in 300 persons suffer from this autoimmune disorder. The incidence can be as high as 1 in 40 some places.

No medicine can alleviate intolerance of gluten.

Rome long held that only bread and wine can be used as the sacrifice at Holy Mass. The Church teaches that because Jesus changed bread and grape wine into his Body and Blood at the Last Supper.

No gluten, no bread; unleavened bread included.

Only a smidgen of gluten can cause trouble in the small intestine of a celiac sufferer. Even the small piece of a usual Host placed by the priest in his chalice can be toxic to that person. Thus if the wine-made-Blood is to be substituted, it must be consecrated in a separate chalice. Not all parishes, however, administer Communion in both species.

One solution would be unleavened bread wafers containing just the smallest percentage of gluten that could be tolerated.

Some years ago, two Benedictine nuns in Clyde, Missouri, did just that after experimenting for about two years. They reduced the gluten content to just 0.01 percent.

That small bit satisfied the Vatican. Fortunately, that reduction can be tolerated by those with the disease.

Reports do not say what Sisters Jane Heschmeyer and Lynn Marine d’Souza substituted for wheat. Barley and rye also contain gluten but not oats. Did they use oats? The source didn’t say. One supplier uses sweet rice and potato flour.

Benedictines in Clyde still supply those low gluten wafers for Communion together with other certified sources.

The Vatican ruled in 2003 that a very low content of gluten was acceptable. It clarified that on June 15, 2017, in a little noticed announcement, which was misinterpreted in some press reports.

How does a priest recognize which person approaching for Communion requires a special Host? How does he distinguish them from others approaching him for Communion?

No secret. No special signals.

The Catholic wishing to receive the special Communion host identifies him- or herself before Mass. The priest or sacristan places the correct number of special hosts in a pyx, the small vessel used to bring Communion to the homebound or the hospitalized. That pyx is taken to the altar and then placed in the ciborium before the priest goes to his Communion post. When the person approaches, he takes the low-gluten Host from the pyx, which may or may not be visible to the communicant.

Thus the Church preserves its teaching while confirming Jesus’ gift of himself.

**Carl Eifert**

# 4th Degree, Potomac Assembly 2204

Worthy SKs of Potomac Assembly,

The next Assembly meeting will be a business meeting on November 27 starting at 7 pm and will welcome the new Sir Knights and be a movie night..

Patriotism,  
Buck Coates  
Faithful Navigator  
Potomac Assembly 2204  
email: buck.coates@aol.com,



(703) 751-8362

## NOVEMBER

4 PATRIOTIC ROSARY AT 11:00 AM AT COUNCIL 5998  
27 BUSINESS MEETING AT 7:00 PM, WELCOMING NEW SK AND MOVIE NIGHT

## DECEMBER

2 PATRIOTIC ROSARY AT 11:00 AM AT COUNCIL 5998  
18 BUSINESS MEETING AT 7:30 PM, OFFICERS 7:00 PM

## JANUARY

6 PATRIOTIC ROSARY AT 11:00 AM AT COUNCIL 5998  
22 BUSINESS MEETING 7:30 PM, OFFICERS 7:00 PM

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## Burial of SK John Kelly Jr. at Arlington National Cemetery

On October 5th, SK John Kelly Jr. was buried at Arlington National Cemetery with full military honors. SK John Kelly Jr. was a Lt. Colonel in the United States Army. SK Paul Kayanan, and SK Maurice Chau attended the burial service with the Kelly family.

The picture below is the horse drawn caisson with walking family members, and friends behind, and vehicles behind them.



## Ladies Corner

thankful  
grateful  
blessed

Thanksgiving is hands down my favorite holiday! I love the time I get to spend breaking bread with those that are dear to me. The cranberry relish and pecan pie are just happy bonuses! The best part is when we elongate the Lord's Prayer and go around the table and share something for which we are grateful. It gives us all a chance to pause and reflect on the blessings that we have been given by the Lord.

While Americans religiously gather to give thanks on the fourth Thursday of November, the act of giving thanks should not be reserved for one day. Psalm 118 says, "This is the day which the Lord has made; Let us rejoice and be glad in it." Let us all treat every day as if it were Thanksgiving, remembering the blessings we have in our lives. That is easier said than done, particularly on days we don't feel so blessed.

I read an article a while back in the Catholic Stand, an online publication, titled *In Everything, Give Thanks*. In this article, the author recognized that "to live a life of gratitude we must know that even within our hardships there are opportunities to be thankful." She encouraged readers to smile, speak and think positively, do small acts of kindness, trust God will handle all of your worries, say thank you, keep a gratitude journal, and pray. I encourage you all to read this article to reflect more on each of her suggestions. I agree with the author when she says "Every day is an opportunity to celebrate 'Thanksgiving.' We don't need a day set aside on the calendar to do so. Living a life of gratitude can be easy – practice being grateful and choose to be happy."



THANKS be to God,  
Ann Burke

### **Please mark your calendars for upcoming Ladies' gatherings.**

- Tuesday, November 14<sup>th</sup> – Ladies' monthly lunch will be at Elsie's Magic Skillet at 12:30pm
- Thursday, November 30<sup>th</sup> – Ladies' potluck in the Hall Lounge at 7:00pm. Show off your favorite Thanksgiving dish. Bring a sample (enough to feed 4-6) to inspire others with new recipes for the following year. I am going to bring fresh cranberry relish!

Looking into December...

- Saturday, December 9<sup>th</sup> – Council holiday party (more information within the Quote)
- Thursday, December 14<sup>th</sup> – Ladies' cookie exchange in the Hall Lounge at 7:00pm. Bring two dozen festive, homemade (or close to homemade) cookies to exchange. Go home with a variety of cookies to have on hand for the Christmas season. Don't eat cookies? Come anyway for the merriment.

## A LOOK AHEAD AT THE ACTIVITIES OF DECEMBER

December 2017				
2	Saturday	11:00am	First Saturday-Patriotic Rosary at 5998	Council/PGK Duff
2-3	Saturday/ Sunday	TBD	KCIC Sales @ GSCC & St. Louis	Chancellor/ Roundtables
3	Sunday	2:00pm	Sunday Bingo	Bingo Chairman
3	Sunday	1:00pm	Football in the Lounge:	BMOD
7	Thursday	6:30pm	Officer's Meeting	Officers
7	Thursday	8:00pm	Rosary (7:30pm); Council Business Meeting (8:00pm)	GK/Degree Team
7	Thursday	9:30pm	Decorate Hall for Christmas	DGK/Council
9	Saturday	7:00pm	Council Christmas Party Social	DGK/Council
10	Sunday	8:00am	Saint Louis Pancake Breakfast	St. Louis Roundtable
10	Sunday	1:00pm	Football in the Lounge: Redskins vs Chargers	BMOD
12	Tuesday	6:15pm	District Deputy Meeting	Lounge (DD)
12	Tuesday	7:30pm	2nd Degree, Candidates arrive 7pm	Council Hall A(DD) Sponsor
17	Sunday	7:00am	Good Shepherd Pancake Breakfast	GSCC Roundtable
17	Sunday	1:00pm	Football in the Lounge: Cardinals vs Redskins	BMOD
24	Sunday	3:00pm	Good Shepherd Christmas Mass Parking	GSCC Roundtable

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Special thanks to SK Dan Klug for repairing the Council medallion box. Great job! - - from the Warden

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Carl Eifert published a book called Just Thinking.  
Congratulations!





**IN MEMORIAM**

**EDWARD J. DU VARNEY**

**October 20, 1924 — February 19, 2017**

EDWARD J. DUVARNEY (Age 92) On Sunday morning February 19, 2017, in Great Falls, VA, Ed woke up and told his aid that he was ready to go to Heaven. A few hours later he passed into God's arms with family members by his side. Originally from Clinton, Massachusetts, he was one of the last of the "greatest generation", proudly serving his country in the U.S. [Army](#) during WWII and [Korean War](#) and for many years. As an enlisted NCO he rose to the top rank before becoming a commissioned officer and ultimately retiring as a Major and proud U.S. Army Engineer. He earned a number of medals while in service including two [purple hearts](#). Upon retiring from active duty he continued to serve the Department of the Army as a civil servant retiring as a Services Management Officer at the U.S. Army Materiel Development and Readiness Command (DARCOM).

He was a loving father to Edward A. Stirmers and his wife Lorrie Stirmers of River Ranch Florida; Edward J. DuVarney, Jr.(Jay), and his wife Andrée A. DuVarney of McLean, VA; Mark W. DuVarney of Norfolk, VA; and Cindy L. Adams of Martinsburg, WV. Ed is also survived by his brother Joseph Duvarney, his wife Barbara and his sister Beatrice Serewicz, both of Massachusetts. He loved and took pride in all of his grandchildren and great grandchildren and is survived by Brian Stirmers, Shane Stirmers, Jason Stirmers, Jace Richter, Justin DuVarney, Nicholas DuVarney, Ben Adams, Molly Adams, Madison Adams and their families including several great grand children. He joins his daughter Stacey R. DuVarney and his niece Laura Richter, who went home before him. We are proud and grateful for his life, his service, and his love. As a retired Officer in the Army, he was interred at Arlington National Cemetery with full military honors at a date to be determined. Viewing was at Money & King Funeral Home, 171 Maple Avenue W., Vienna, VA 22180, on March 2, 2017 for family and friends. Online condolences and fond memories of Ed may be offered to the family at: [www.moneyandking.com](http://www.moneyandking.com)



**IN MEMORIAM**

**RONALD R. KERZAYA**

**September 7, 1927 — May 13, 2017**

Ronald R. Kerzaya, 89, formerly of Littlestown, died Saturday, May 13, at Homewood at Plum Creek, Hanover. He was the husband of Betty J. (Izer) Kerzaya who died May 10, 2013. Born Sept 7, 1927 in Dickson City, he was the son of the late Frank and Mary (Wontrowski) Kerzaya. He was a Dickson City High School graduate and served in the navy during WWII. He was employed with the U.S. Park Service Police of Washington, D.C. for 28 years retiring in 1977. Surviving are his daughter and son-in-law, Ronnette and Robert Hobart of Fairfax Station, VA; his son, John P. Kerzaya of Austin, TX; his four grandchildren, Stephanie Hobart, Angela Hobart, Aaron Kerzaya and Cheryl Alexander; and his great-grandson, Ronald Jackson Kerzaya. Ron was predeceased by his sons, Stewart R. and Ronald F. Kerzaya; and his sisters, Fran Hall and Irene Koszlosky.

He was a member of St. Aloysius Catholic Church, V.F.W. and American legion, all of Littlestown and McSherrystown K. of C. Ron loved being with his grandchildren and family and enjoyed gardening, the beach and traveling.

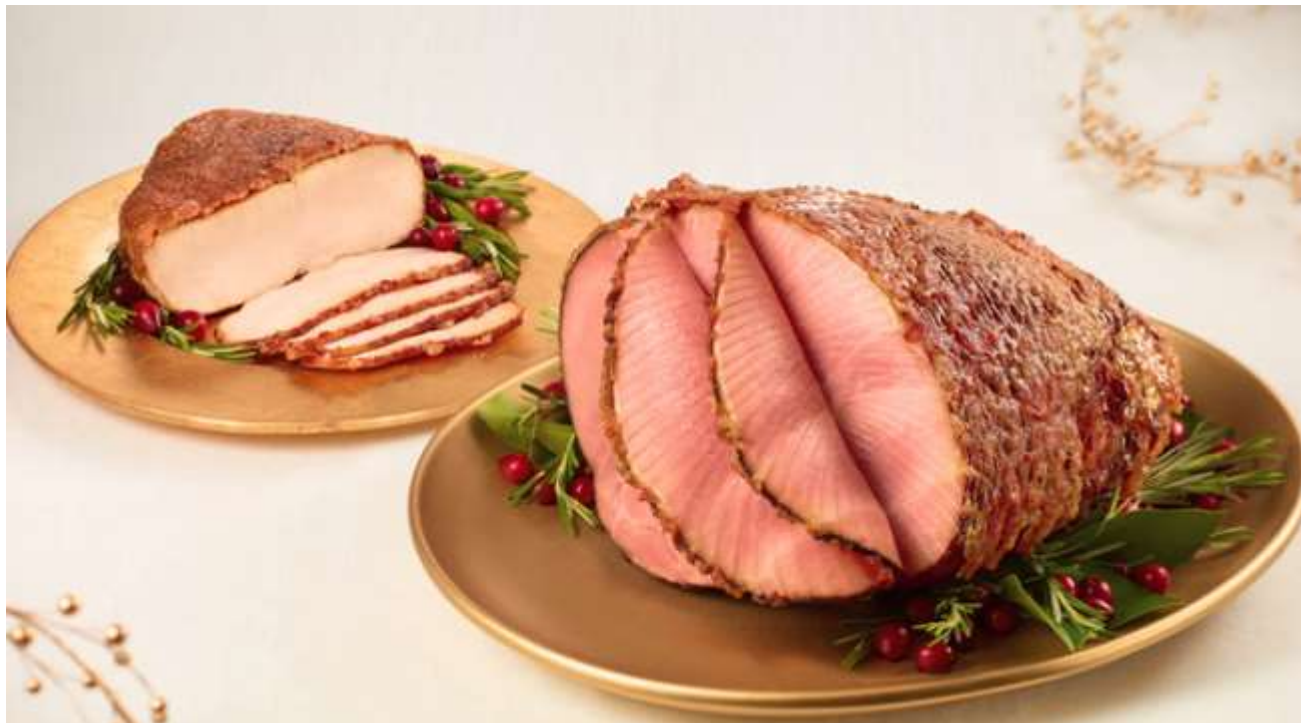
Mass of Christian

Burial was on May 19 at St. Aloysius Catholic Church, Littlestown with The Rev. James M. Sterner Celebrant. Viewing was on May 19 in the morning at Little's Funeral Home, Littlestown. Interment was at Mt. Carmel Cemetery, Littlestown, with military honors conducted by Littlestown Allied Veterans Council.

Memorials in Ronald's name may be sent to his church, 29 S. Queen St., Littlestown, PA 17340 or VFW Post 6954, 11 W. King St., Littlestown or American Legion Post 321, 510 E. King St., Littlestown.

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For questions- [events@kofc5998.org](mailto:events@kofc5998.org)

## Thanksgiving Service Activities

Tuesday Nov 14 – **UCM Sacramento Community Center Family Thanksgiving dinner** -- Mt. Vernon Council Hosts this UCM Community dinner. The meal is prepared and served by members of First AME Church down across from Engleside Safeway. We need 4 – 5 Brothers to greet and assist the UCM families and the First AME volunteers, 4 – 8 pm

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Tuesday Nov 21 – **Thanksgiving Lunch for Mt. Vernon House residents** -- Mt. Vernon Council joins with volunteers from Crossroads to prepare a Thanksgiving lunch for the residents of this Section 8 low-income residence. We serve a full Thanksgiving meal. We need 4 – 5 Brothers to help plate, serve, and socialize. 10:30 am – 2 pm

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Thursday Nov 23 – **Thanksgiving meal for local homebound families** – Mt. Vernon Council prepares a fully Thanksgiving meal for several hundred local families, and the poor at Rising Hope church. Cooking starts early and includes preparing, packing and delivering meals to homes through-out our Rt 1 communities. We need dozens of helpers from 8 am – 2 pm. **MORE INFO TO FOLLOW**

## BINGO Snack Bar Schedule Friday and **Sunday** Schedule

Day	Setup	Register	Counter	Manager	Cooks
Friday 11/3/2017	Bob Schwenk	Andy Rogers	Joey McCracken	Andy Rogers	J. McCracken, R. Genuino, & J. Thibeau
<b>Sunday</b> <b>11/5/2017</b>	<b>Cooks</b>	<b>Kevin Moran</b>	<b>C. McComack</b>	<b>John Michals</b>	<b>R. Reynolds, J. Kay &amp; J. Thibeau</b>
Friday 11/10/2017	Dave Noon	Aletha Oulette	Annie Oulette	Aletha Oulette	M. Spychaj, B. McCrumb, & J. Thibeau
Friday 11/17/2017	Bob Schwenk	Andy Rogers	Joey McCracken	Andy Rogers	J. McCracken, R. Genuino, & J. Thibeau
Friday 11/24/2017	Dave Noon		Steve Higgins		M. Spychaj, B. McCrumb, & J. Thibeau
Friday 12/1/2017	Bob Schwenk	Andy Rogers	Joey McCracken	Andy Rogers	J. McCracken, R. Genuino, & J. Thibeau
<b>Sunday</b> <b>12/3/2017</b>	<b>Cooks</b>	<b>C. McComack</b>	<b>L. McComack</b>	<b>John Michals</b>	<b>R. Reynolds, J. Kay &amp; J. Thibeau</b>

**Alternates:** Phil Twumasi (Cook; Counter; 703-362-8041); Robert Reynolds (Counter; 703-799-7260/7490); James Custodio (Cook Friday only); 571-354-9315); Kerry McCabe (Counter; 703-960-3304); Darwin Rivera (Cook; darwin.m.rivera@gmail.com)

# November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Officers Meeting, 6:30pm; Rosary 7:30 Council Business Meeting & First Degree	3 BINGO	4 First Saturday —Patriotic Rosary 11am at 5998; KCIC Sales at GS & St. Louis
5 KCIC Sales at GS & St. Louis Masses <i>Sunday BINGO</i> 2pm <i>Football in the Lounge: Red- skins @ Sea-</i>	6	7	8	9	10 BINGO <i>Honor Flight at National Airport</i> 5pm from <i>Aus- tin, TX</i>	11 KCIC Sales at GS, & St. Louis Masses Fourth Degree at Portsmouth, VA
12 <i>St. Louis Pancake Breakfast 8am</i> KCIC Sales at GS & St. Louis	13	14 UCM Sacramento Community Familye Thanksgiving Meal 4-7pm	15	16 <i>Memorial Mass 6:30pm, (please ar- rive by 6:15pm) &amp;</i>	17 BINGO	18 KCIC Sales at GS & St. Louis Masses
19 <i>Good Shepherd Pancake Breakfast 7am;</i> KCIC Sales at GS & St. Louis Masses; Admissions Committee Meeting 3pm; <i>Football in the Lounge: Red- skins @ Saints</i> 1pm	20 <b>KC Quote Newsletter Articles DUE</b>	21 Thanksgiving Lunch for Mt Vernon House Residents 10:30-am to 2pm	22	23 <i>Thankgiv- ing Day</i> Thanksgiving Meal Delivery 8am at Knights Hall	24 BINGO	25 KCIC Sales at GS & St. Louis Masses
26 KCIC Sales at GS & St. Louis Masses	27	28	29	30 <i>Football in the Lounge: Red- skins @ Cow- boys 8:30pm</i>		



Mt. Vernon Council #5998  
8592 Richmond Hwy  
Alexandria, VA 22309

Address Correction Requested